

# Parentshare Preschool



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This handbook includes general information and guidance. Specific decisions will be made daily by the teachers.

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## **What is ParentShare Preschool (PSP)?**

**A. Program.** Our program is designed to provide an enriching preschool environment for the children in our community.

Our vision is to help each child develop socially, emotionally, physically and intellectually-- through actively exploring imaginative materials/equipment and interacting with others-- with cooperation from parents in a loving Christian environment.

PSP supports each child's learning style and developmental readiness with the cooperation of the parents in a loving Christian atmosphere. Children learn to get along with other children and foster security with other adults outside the family. PSP provides a creative environment for strengthening emotional control, developing self-discipline, increasing independence and encouraging self-confidence. It promotes language skills and provides opportunities for self-expression.

Imagine parents, teachers, and children working together for the common benefit of children. No company or administrator owns the effort, but rather is a co-op which relies on parents and teachers. Our parents believe that their participation adds a unique dimension to their child's experience. PSP believes this is true and encourages it. PSP emphasizes Christian values and our routine includes blessing before snack and welcoming/closing songs. St. John's Pastor and/or Director of Christian Education (DCE) will occasionally be involved with PSP through visiting our class and sharing Bible stories.

**B. Program/Curriculum.** PSP uses a creative child centered curriculum, that is thematic and age appropriate. Our program

offers activities and materials that stimulate imagination, build independence, and presents ample opportunities for exploring and discovering their world.

**C. History.** In 1982, Kathy Dawkins and Wendy Carter, both mothers, began PSP at the Assembly of God Church and then moved to St. John Lutheran Church. Wendy taught one class of 3 and 4 year olds until 1985. Since 1985 PSP has been blessed with wonderful teachers. They have been Mrs. Dorothy Abbot 1985-1992, Mrs. Gina Gilmore 1992-2008, Mrs. Linda Griese 1993-2008 , Mrs. Jenny Nash 2008-2013, Mrs. Mandy Quimby 2013-2017, Mrs. Tausha Petrie 2008-current Mrs. Shelby Anrens 2016-current.

**D. Cubs Program.** Many 3-year-old children are experiencing separation from their parents for the first time. Your child will be welcomed into a loving, caring, nurturing environment. Learning goals for the Cubs include: Citizenship, following simple directions, taking turns, sharing, and interacting positively with peers. The children also will be introduced to concepts such as a calendar, weather, seasons, holidays, animals and much more. Praise and encouragement are used to promote a positive self-image. The maximum class size is about 12 with a ratio of 4 children to 1 adult.

**E. Bears Program.** Kindergarten readiness is the focus. Your child will enjoy arts, crafts, music, and gross motor activities daily. The learning goals for the Bears include: Citizenship, developing fine motor skills such as cutting, coloring, writing, and using various types of manipulative (hands-on play equipment), recognizing the alphabet, numbers, and their name. The children

will begin to recognize upper and lower case letters, numbers from one to ten, their first and last name, and their addresses and phone numbers. Praise and encouragement are used to reinforce skills. The maximum class size is about 16 with a ratio of about 5 children to 1 adult.

**II. Eligibility and Enrollment** To be eligible for PSP, the Cubs program accepts children who are 3 years old by September 1<sup>st</sup>. The Bears program accepts children who are 4 years old by September 1<sup>st</sup>. Enrollment occurs every spring for fall term. Parents may enroll current children who will be returning; beginning February 1<sup>st</sup>. Siblings of former students will be able to enroll before enrollment opens to the public. Please call the preschool in January for sibling enrolment dates. Enrollment opens to the public on March 1<sup>st</sup> on a first-come-first-served basis. In order for a child to be accepted, parents must *hand deliver to one of the teachers a completed enrollment form and payment of the non-refundable enrollment fee*. Once the classes are filled, a wait list will be created. If an opening becomes available during the school year, parents from the wait list will be notified. In order for your child to attend PSP they must be 100% potty trained. Pull Ups may not be worn to preschool. Children who are enrolled in a homeschool kindergarten not eligible for enrollment in PSP.

**A. Immunizations.** PSP follows Alaska State Law which requires every child to be immunized before attending public school. Please contact your health care provider for specific requirements. PSP must have a complete copy of each child's immunization record, at the start of the school year.

**B. Tuition.** Tuition is due the first of each month starting the first week school meets in the fall. After the tenth day of each month, tuition is considered late and late fee is charged. A payment box is located on top of the cubbies to deposit tuition checks. If you prefer to pay cash, please hand deliver the cash to your child's teacher and receive a receipt. *Parents are required to sign a tuition acknowledgement form at the start of the preschool year. Monthly tuition is payable in full regardless of missed attendance.*

**C. Early Withdrawal.** If a child is withdrawn from PSP after March 1, the parents are responsible for paying the tuition for the remaining months of the school year (usually April and May).

**D. Parent, Teacher, Child Addresses.** PSP provides mailing addresses, e-mail addresses and phone numbers to all parents within each class. Sharing contact information makes communication and coordination easier. A phone tree may be set up to share important information during the year. No parent or student information is released to the public.

**E. Location.** PSP is located in Palmer at St. John Lutheran Church downstairs in the church hall. The church is located on 440 East Elmwood Street, south of the Matanuska-Susitna Borough Central Office parking lot. PSP uses the church's south entrance with the covered handicap access.

### **III. Parent Involvement—Backbone of the Program**

Enrolling a child in PSP requires regular parent(s) participation in school activities. Parent involvement is critical to the success of PSP. Parent involvement includes, but is not limited to, the following: helping the teacher during class, driving

for field trips, providing healthy snacks, donating supplies, attending parent meetings, and being a board member. At a minimum, parents or someone the parent designates (i.e. grandparents) must volunteer in the classroom twice a month. *Volunteering in the classroom is a requirement, that's what makes our preschool so unique. Parents are required to sign a volunteer commitment contract at the start of the preschool year.*

**A. Volunteer Sign Up.** All parents sign up to volunteer in the classroom each month for a minimum of two days. A calendar will be posted for sign ups. One of the days should include bringing a snack. You are always welcome to sign up for additional days. If a scheduling conflict arises, contact other parents to switch. If there is still a problem, contact the Classroom Scheduler.

**B. Other Volunteer Opportunities.** PSP will need parents help with specific jobs and coordinating certain activities including the following:

(1) **Classroom Scheduler** ensures that there are two parent helpers for each class day. If a parent is unable to volunteer on their assigned day, they can contact the Scheduler to help arrange for a substitute helper.

(2) **Field Trip Coordinators** assist the teacher in scheduling, organizing, and sending thank you notes for field trips.

(3) **Teacher Preparation Helpers** take home projects to prepare for the children. Preparation may involve tracing, cutting, sorting, or making play dough. Prep Helpers also may fix, modify, or construct inside play equipment or help prepare food

for specific class activities (e.g. making applesauce, dough, cookie medals).

**(4) Photographers** may help with photographing class activities, creating a slide show of pictures.

**(5) Board/Committee Members.** Parents who will have a child attending PSP in the fall, may serve on the board which includes President, Vice-President, Treasurer, and Secretary. Parents also may serve on special committees (i.e. updating written materials or fundraising).

**C. Parent Meetings.** Parent meetings take place at least 1-2 times a year. Parents will be notified about a scheduled parent meeting, and if child care will be available.

**D. Clean-Up.** Clean up includes both daily, weekly and yearly clean up times.

**(1) Weekly.** Clean-up procedures are listed in the classroom. These duties include: vacuuming the classroom and snack area, sanitizing tables, emptying classroom trash cans, taking out trash, cleaning up painting area, and moving play equipment to storage areas.

**(2) End of Year Clean-Up.** Parents are required to help clean up at the end of the year. This is usually the day after PSP graduation. Parents may choose their work assignments and times based on the schedule.

**IV. How do I know how my child is doing?** PSP encourages parents to cultivate and maintain communication about preschool



activities with their child. You will have opportunities to experience all aspects of PSP. Open parent-teacher communication is encouraged. Please contact the teacher about any special situation with your child that may affect his/her behavior (ie. family, pet, or friend death, changes in the family, serious illness)

**A. Parent Feedback.** Suggestions, concerns, and compliments are always welcomed. If you would prefer to communicate in writing, the black box used for tuition payments doubles as a suggestion box.

**B. Learning Exceptions.** Please notify the teacher about any physical, learning, or behavioral concerns with your child. The PSP board must review whether we have the necessary resources, and if so, how to accommodate the child.

**C. Discipline.** Our objective is to nurture the children using positive discipline and guidance. Our goal is to help the children develop self-control, a cooperative spirit, and respect for others and their environment. Positive reinforcement is the focus. When a child's behavior is well-mannered, it will be acknowledged and encouraged.

**D. God's Golden Guidelines at PSP.** It is helpful to the teachers and students if you remind your child at home of some important guidelines that we follow at school.

**(1) Kindness ~ Sharing ~ Respect~.** Kindness, sharing, and being respectful to fellow students, teachers, and parents is our number one guideline at PSP. God's Golden rule is to treat others as you would like to be treated. Respect for the church facility and for our classroom is also encouraged by cleaning up after ourselves.

**(2) Safety in the classroom.** For safety, using walking feet the classroom will be enforced.

**(3) Circle time Guidelines.** Being a good listener, keeping hands to ourselves, wait your turn, be patient, raise your hand.

**(4) Off-Task Behavior.** When a child is off task and disrupting the learning of others, he/she will be asked kindly to cease or modify their behavior and/or the teacher will redirect their focus back on the task.

**(5) Time Out.** If the action is repeated, the child will sit in a thinking chair. The thinking chair is used to allow the child to calm themselves and regain control of their behavior. After time out, the child and the teacher or a helper will discuss privately the disruptive behavior and better behavior choices.

**(6) Biting or Hitting.** If a child hits or bites another person, they will sit in time out immediately. Parents will be notified. After the time out, the teacher will speak to the child and the child will apologize to the victim.

**(7) Removal.** The teacher may use her discretion to remove a child temporarily from class. A parent will be called to come and take the child away from class. This would be a result of chronic disruptive behavior of a student who fails to respond to positive redirection. Permanent removal is decided by the PSP Board and its directors/teachers.

## V. Schedules

**A. Calendar.** Each teacher will provide the parents with a printed or emailed monthly calendar of events and scheduled days off.

**B. Arrival/Dismissal.** To help children arrive on time, doors are unlocked 10 minutes prior to the beginning of class. Accompany your child into the building, help them remove their outdoor gear, bring your child all the way downstairs, and greet the teacher in the classroom. If you will be late for class dismissal or someone other than a parent will be picking up your child, notify the teacher.

**C. Absences.** Please notify the teacher if your child will be absent. It helps for planning and we worry.

**D. Preschool Closures.** PSP will follow the Mat-Su School District calendar which includes days off for professional development, Parent-Teacher conferences, and holidays. PSP will close whenever the school district closes due to weather or other emergencies. You may check the PSP Facebook page for updates. You will also receive a call or e-mail from someone at PSP. Classes cancelled due to weather will not be made up. Class may also be affected if the church fellowship hall is needed for a funeral.

**E. Holidays.** Classroom activities will recognize holidays such as Halloween/Harvest, Thanksgiving, Christmas/birth of Jesus, Valentine's Day, and Easter. The teacher may incorporate other special occasions.

**F. Birthdays.** Parents may celebrate their child's birthday during class by bringing a special snack. During class,

the birthday child may wear a special crown and cape. If a child has a summer birthday and the parent would like their child to celebrate with the class, notify the teacher ahead of time to schedule a special day.

## **VI. Classroom Environment**

**A. Classroom Set Up/Take Down.** Since our classroom is located in the church hall, all the classroom equipment must be moved into the storage rooms every Friday, some winter days during Lent, and for other special occasions. See **Parent Involvement** section for more details.

**B. Cubbies.** In the classroom entry are "cubby" spaces. The cubbies are used as a post office and storage space. Check your child's cubby often. Teachers will put calendars, parent information, and completed preschool projects in the cubbies. Please do not use the cubbies to distribute private party invitations or store valuable items.

**C. Clothing.** Comfortable, washable, easy to manage clothing is best. Some activities are messy or the class may go outside for an activity. Dress-clothes may restrict active participation. Shoes must be worn at all times in the classroom. In an emergency, *everyone* may have to go outside. Dress yourself and your child for the season. Mark your child's name on their outdoor gear. PSP has extra clothing in case a change needs to be made.

**D. School/Church Property.** Children, parents, teachers, and visitors are expected to treat PSP property and the church with respect. When coming and going from the school, please do not let your child and/or siblings run freely around the church.

**E. Lost and Found.** Contact the teacher about lost or found items. Those items not claimed after a few weeks will be donated to charity.

## **VII. Classroom Activities**

**A. Daily Activities.** A general example of a daily schedule and actives are; Free play, Circle Time- (calendar, weather, helpers, stories, songs, theme/lesson of the day) Snack time, Center Time (explore learning centers; blocks, writing center, dramatic play, listening library, housekeeping, sensory tables, Math/Manipulative, arts and crafts, puppet theater, wood working, science and nature...) Small group activities (working with parent helpers and teacher on projects and/ or activity) Exercise Room-physical activities, riding equipment, large motor play, organized games, music, movement. Outside Activities occasionally weather permitting, Closing Circle Time; reflection, story, song, show-n-tell, closing activity.

**B. Snacks.** The designated parent helper supplies snacks. This includes the snack and drink, and necessary paper plates, paper cups, utensils and/or napkins. The students will be learning to wash their hands before snack and use table manners while eating.

**(1) Allergies.** Please talk to the teacher about any food allergies. Students with extreme allergies or diet restrictions may be asked to bring their own snack.

**(2) Suggested Snacks.** Veggies, fruit, yogurt, peanut butter and jelly sandwiches, cheese and crackers, muffins, popcorn, granola bars, mini bags of chips, goldfish, fruit snacks.

**(3) Suggested Drinks.** Water, milk, fruit juice, hot chocolate, **no soda**

### **C. Special Events.**

**(1) First Day of School/Get Acquainted Day.** The first day of school lasts about an hour to give the child and parent the opportunity to meet the teacher and explore the classroom together.

**(2) Field Trips.** Field trips occur throughout the year. A small fee may be required. If a child cannot participate, notify the teacher and do not bring your child to school that day.

**(3) Christmas Concert.** In December, the children sing in a short evening concert in the church and enjoy snacks and treats afterwards.

**(4) Family Dance.** Children, parents, and families are invited to a lively dinner and dance usually held in the spring.

**(5) Moms and Muffins.** Children celebrate their moms with a special breakfast around Mother's Day.

**(6) Bike-A-Thon.** In May during class, children and parents participate in a fun, active, and simple PSP fundraiser.

**(7) Fun Run.** Outdoor race for all PSP children. Held outside immediately after the graduation celebration.

**(8) Graduation.** An evening event for the whole family to celebrate the PSP graduates.

**D. Community Resources.** At PSP we have found that our community is rich in resource. A resource survey will be handed out at the beginning of the school year. If you or a family member has a special talent, hobby, occupation, field trip idea or other special interest to share with your child's classes.

**VIII. Health.** See section on *Classroom Environment and Activities* for additional information.

**A. First Aid.** First aid kits for minor injuries are accessible in the classroom and for field trips.

**B. During School.** When a student is injured or becomes ill the teacher will contact the parent immediately. Please ensure that your contact information is accurate. If parents or emergency contacts cannot be reached, the teacher will decide the appropriate action.

**C. Sick at Home.** A child or volunteer parent may not attend the preschool when they have had any of the following within the past 24 hours: diarrhea, vomiting, severe cold, and/or fever. Give yourself or your child a 24-hour well period before returning. If the child has been exposed to or shows symptoms of a communicable disease (e.g. pink eye, strep throat, lice,

chicken pox), check with your health care provider before returning to preschool.

**D. Emergencies.** Teachers will conduct fire, lock down, and earthquake drills throughout the year so that the children are familiar with emergency procedures.

## **IX. Teaching**

### **A. About the Teachers**

**(1) Tausha Petrie** grew up in a small town in South Dakota. She moved to Alaska in 1998. Tausha married her collage sweetheart Lance in 2000. Lance is a middle school teacher and coach. They have two children, Alyson and Jackson. She also has 4 legged child her beloved dog Gizmo. In addition to teaching at ParentShare, Tausha volunteers for Girl Scouts, Palmer Little League, and as a board member for PTA. She enjoys cheering for her husband's and children's activities and can often be spotted volunteering in her children's schools. Tausha is a past board member for PSP. Her hobbies include reading, gardening in her greenhouse, watching movies, attending concerts, traveling, cooking, entertaining family and friends and playing cards.

**(2) Shelby Ahrens** grew up in Lake Iliamna where both her parents taught. She graduated from Alaska Pacific University with a BA in Elementary Education. Shelby taught nine years in the ASD as a regular education teacher in grades K and 1st, and in an optional program combo class K1. Shelby and her husband Ben moved to Palmer in 2009. Ben works at the Alaska Railroad as a terminal manager and is a Captain in the Air Guard. Shelby served on the PSP school board for four years and was a regular sub in the Bears and Cubs class. She loves helping in her boys:



Brayden, Colben and Laeth's schools. Shelby enjoys being with her family and all the busyness that includes!

**B. Substitute Teachers.** The teacher will find a substitute (usually a PSP parent, former parent or PSP teacher), if she is going to be absent. A substitute teacher will be arranged with as much advance notice as possible.

## **X. Classroom Supplies**

**A. Donations/Wish List.** Parents may donate money or items to PSP. Teachers will post their wish list for needed items.

**B. Fundraising.** Annually, PSP holds one school fundraiser. The fundraiser helps pay for unexpected expenses and may allow for the purchase of some classroom supplies.

## **XI. Communication.**

**A. E-mail Phone numbers.** PSP provides e-mail addresses and phone numbers of all parents within each class. Sharing contact information makes communication and coordination easier. A phone tree may be set up to share important information during the year. No parent or student information is released to the public.

**B. Location.** PSP is located in Palmer at St. John Lutheran Church downstairs in the church hall. The church is located on 440 East Elmwood Street, south of the Matanuska-Susitna Borough Central Office parking lot. PSP uses the church's south entrance with the covered handicap access.

**C. Online Communication.** Information about PSP can be found on the ParentShare Preschool Facebook page as well as the PSP website at [www.parentsharepreschool.org](http://www.parentsharepreschool.org)

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